Between Virginia's mountains and its sea lies the Piedmont.
We have a wealth of wildlife and vegetation. As a Junior Ranger, you'll see what makes our part of Virginia so special, and learn some skills that helped our ancestors survive.

What is the Junior Ranger Program?

The program is a series of activities for youths between 5 and 12 years of age. There are options for self-guided (with a responsible adult) and ranger-led activities. Participants will learn recreation *and* conservation. They will explore the environment and ecology of the area while learning about outdoor skills.

To become an official Junior Ranger, a trainee must complete 5 (five) of the activities, plus the self guided items listed in the brochure, in any combination.

Prizes

Once you have completed any 5 activities and the self guided list, return with your guidebook to the park office. There you will receive a Junior Ranger Badge.

This Junior Ranger guide book belongs to:

(your name)

As a Junior Ranger in training,

I promise to be kind and
respectful to nature.

I promise to stay safe
while I explore.

I promise to keep my
eyes, ears, and mind open.
I promise to have fun.



James River State Park 104 Green Hill Drive Gladstone, VA 24553 (434) 933-4355 Jamesriver@dcr.virginia.gov

Virginia State Parks

James River State Park

"The recreational and cultural opportunities in state parks are endless and easy to see—from swimming and boating to horseshoes and hiking, there's always something to do in Virginia State Parks"

Junior Ranger Program Guide





www.virginiastateparks.gov

Guided Activities Self-Guided Activities The ranger in training has participated in a The Park is full of wonderful and ranger led program. To obtain credit for exciting things. List three things that each program attended, have the ranger you found or what you like best about initial your guidebook. (For fun, rate the this park. program). \square Name of the program: Date: Initials: ☐ Complete one trail at JRSP. Which did you choose? \square Name of the program: Date:_____Initials:____ ☐ Find two geocache locations in the Park Rate: Which ones did you find? \square Name of the program: Date: _____ Initials: _____ ☐ Draw a picture of one insect you see in the park ☐ Name of the program: Date: Initials:____ \square Name of the program:

Date: Initials:____

Volunteer Activities ☐ Use a bag to collect more than 10 pieces of trash from the park and show the bag to park staff for initials. Staff member initials: History ☐ Tell us one historical fact you learned at JRSP? Art in the Park Draw a picture or write a poem. Express yourself through what inspired you.