

## Geocaching Tips

- Make sure that you always let someone know where you will be while geocaching.
- Please help yourself to a park map located in one of our kiosks.
- Bring sturdy hiking shoes, bug spray, sunscreen, water and a snack if you plan to be out for a while.
- All caches are near a trail or a road. Stay close to the trail to avoid disturbing wildlife or vegetation. Geocaches will never be too high to reach or buried.
- Before you stick your hand into a dark hole to check for a geocache, use a stick to gently check for snakes or other critters.
- Your parking fee is good throughout the park, no matter which entrance you came through. Be sure to check out both sides of the park.

## Park Information

Seven Bends State Park provides public access to the North Fork of the Shenandoah River and features two hand-carry boat launches, picnic areas, one single family-sized picnic shelter, vault restrooms, a children's discovery area and 9 miles of hiking trails. The park provides water and land based outdoor recreational and educational opportunities while protecting and interpreting the spectacular scenic viewshed and geological, natural and historical resources of the storied Seven Bends area.

The park has two access sites. For the south site, take Exit 283 off of I-81 for Woodstock, then go east on VA-42, W. Reservoir Road. Turn right onto S. Hollingsworth Road and remain on it for 1 mile. For the north site, take Exit 283 off of I-81 for Woodstock, then go east on VA-42, W. Reservoir Road. Turn left onto S. Water Street, turn right onto Hollingsworth Road, then turn right onto Lupton Road and remain on it for .7 mile.



**Seven Bends State Park**  
2111 S. Hollingsworth Road  
Woodstock, VA 22664  
Phone (800) 933-7275

## Seven Bends State Park

# Geocaching



*A Treasure Hunting Adventure*

**VIRGINIA  
STATE PARKS**

[www.virginiastateparks.gov](http://www.virginiastateparks.gov)

## What is geocaching?

Geocaching is an outdoor treasure hunt combining technology with nature that gets played all over the world. Using a GPS unit or smartphone, the player will navigate the land in hunt of the hidden geocache (container).



## How can I get involved?

Log on or set up a geocache account at [www.geocaching.com](http://www.geocaching.com). From there you are able to search any zip code you would like. For example, the zip code for Woodstock, VA is 22664. Click on a geocache to see its name and coordinates. Plug those coordinates into your GPS unit or your google search bar. Once you are within 10 feet of your destination, put down the unit and take a look around.

## What are the rules?

The rules are simple. If you decide to take something out of the geocache ("cache"), leave something of similar value. Make sure to never put anything in a geocache that may attract animals, like food. Most importantly, always remember to put the geocache back where you found it so it is ready for the next person. Feel free to log your findings and pictures on the website.

## What will I find in a geocache?

You should find a log book and a pencil if the cache is large enough. Sign with your name and date to let others know you were there. People put all kinds of things in a geocache. You may find something like a cool shell or rock, stickers or a little trinket or toy.



## Geocaches that can be found in Seven Bends State Park:

Found from the Lupton entrance:

### Troll Toll

N 38° 52.255' W 078° 29.729'

### Camp Lupton

N 38° 52.007' W 078° 29.452'

### Travel Bug Hotel

N 38° 51.895' W 078° 28.799'  
(code: 404)

### Mini Waterfall

N 38° 51.298' W 078° 28.378'

Found from the S. Hollingsworth entrance:

### Launch It

N 38° 51.392' W 078° 29.397'

### Wild About Water

N 38° 51.343' W 078° 29.298'

### Riverbank

N 38° 51.423' W 078° 28.954'

### Entrance View

N 38° 51.229' W 078° 29.005'